



**LOVE 4 TENNIS**  
DOMINIKA CIBULKOVA  
ACADEMY

## PRICE LIST OF PROFESSIONAL WEEKLY PROGRAMS

PROGRAM	START	ADVANCED	RAISING PRO	PROFI WITH HEADCOACH	PROFI WITH MARCHENKO ATP no. 49
PRICE SUMMER (APRIL-SEPTEMBER)	490€ / week	560€ / week	740€ / week	1000€ / week	1590€ / week
PRICE WINTER (OCTOBER-MARCH)	580€ / week	650€ / week	850€ / week	1300€ / week	1750€ / week
<b>TENNIS TRAININGS</b>					
NUMBER OF TENNIS HOURS PER WEEK	14 hours/week	14 hours/week	18 hours/week	18 hours/week	18 hours/week (9hours with MARCHENKO)
INDIVIDUAL TRAININGS WITH COACH	1x weekly	2x weekly	3x weekly	3x weekly	3x weekly
SPARING TRAININGS WITH COACH	Yes	Yes	Yes	Yes	Yes
TENNIS ANALYSIS + RECOMMENDATIONS	Yes	Yes	Yes	Yes	Yes
MAIN COACH GUARANTEE	40%	60%	70%	80%	80%
<b>FITNESS TRAININGS</b>					
	5x weekly	According of the program every day	According of the program every day	According of the program every day	According of the program every day
INDIVIDUAL UPGRADE PACKAGE	150€ / week	150€ / week	150€ / week	0€ / week	0€ / week
<b>REGENERATION</b>					
COMPENSATORY EXERCISES	Yes	Yes	Yes	Yes	Yes
STRETCHING	Yes	Yes	Yes	Yes	Yes
MENTAL TRAINING	No	No	No	No	No
MASSAGE or PHYSIOTHERAPIST	No	No	30' min weekly	30' min weekly	30' min weekly
<b>TOURNAMENT WITH COACH</b>					
	Yes - according to the price list	Yes - according to the price list	Yes - according to the price list	Yes - according to the price list	Yes - according to the price list

**One week program contains 6 training days**

### **FITNESS INDIVIDUAL UPGRADE PACKAGE INCLUDES:**

Individual care and planning by the fitness coach  
Fitness plans during tournaments and absence from the academy